

Top notch skincare from Somme Institute

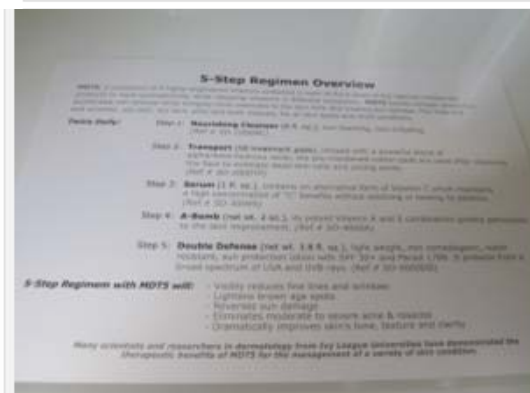
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I've been very quiet on the skincare front lately but that's about to change. I've spent the last 2 months using the most wonderful skincare system and now it's time to share. As a beauty blogger I get the chance to try out a lot of products and I always want to give them a fair shake before reporting to you; a month is the typical amount of time before I report on something. I'm currently using a 5 step program from **Somme Institute** and it's been 2 months of pure pleasure. I knew very quickly that this was a skincare system that was working for me but a few things happened that made me realize what a fabulous brand this is.



Somme Institute 5 steps

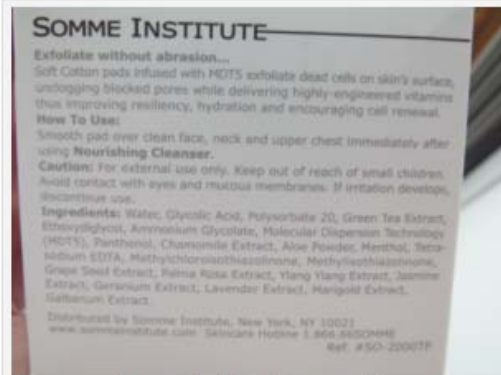


Somme Institute Overview information, click to enlarge

Let me first give you the information you need to know about Somme Institute (pronounced like "so" with an "m" at the end). Their basic program has 5 steps and uses a propriety breakthrough called **MDT5**. Molecular Dispersion Technology 5 (MDT5) allows 5 highly engineered essential vitamins (A, B3, B5, C & E) to penetrate the inner skin layers in their active forms at high concentrations. These are free-radical vitamins that are bound in a scientific matrix of polypeptides to target skin cell receptors.



Somme Institute Transport



Somme Institute Transport box



Somme Institute Transport box

Step 2 **TRANSPORT**: There are 50 pads in this jar that are toning and exfoliating pads. I use this just once a day although I did start out at twice a day. The pads are generously soaked with the ingredients. This removes dead skin cells while unlogging pores (aka Mt. V). It improves resiliency and gets the skin ready to receive the other treatments.



Somme Institute Serum



Somme Institute Serum box

Step 3 **SERUM**: This serum is a vitamin C serum that was created by Somme and maintains a high concentration of the C benefits without oxidizing or losing its potency. Two drops is enough for my entire face, neck and décolleté.



Somme Institute A-Bomb



Somme Institute interior of A Bomb

Step 4 **A-BOMB**: As you can tell by the name this is a product containing vitamin A plus vitamin E. This is considered to be a Vitamin Infused Moisturizer and can be used independently but the real beauty is when you use this in conjunction with the Serum and program since they work together synergistically. This is a fluffy moisturizer that my skin just drinks up.



Somme Institute Double Defense

Step 5 **DOUBLE DEFENSE**: Double Defense is a waterproof sun protection lotion with SPF 30+ and Parsol 1789. The double defense is that it provides both UVA and UVB protection to shield your skin. It's to be applied after A-Bomb. This is a beautifully hydrating moisturizer that calms and nourishes your skin.

This sounds like it would take a long time to apply your skincare but it's really just a few minutes each time. There's nothing to wait for, just wash, exfoliate, use the serum and moisturizers. Done. It's not more than you've already been doing.

Each of these 5 products can be bought separately. They are sold at Beauty.com and used in amazing spas like Mandarin Oriental and SPA Nordstrom locations. The only product I needed to replace after the two months is Transport which I've already done since I love the system so much. Everything else is easily going to last me for 6 months.

Somme Institute has won my heart and my skin. This is a program that I'll be using for months to come. It's recommended for women of all ages and one that I will stand behind and recommend too. — Marcia

P.S. I love the simple clean packaging. The white containers with their color coded dots are beautiful on my counter.

P.P.S. I just found out that Somme Institute has some amazing sales on both Black Friday and Cyber Monday. A perfect time to try this line out for the best prices.